

Race No	Name	Surname	Gender	Batch	Time	Overall	Gender	Age Cat	Age Pos	Pace	NTS Index
1025	Dawie	Grobbelaar	Male	A	01:36:15.1	1	1	U23 Elite	1	21.82km/h	0.00
1122	Meyer	Leeb	Male	A	01:38:47.2	2	2	Junior	1	21.26km/h	0.00
1074	Menno (Jnr)	Glas	Male	A	01:39:20.0	3	3	Junior	2	21.14km/h	0.00
1078	Armand	Cronje	Male	A	01:40:06.9	4	4	Junior	3	20.98km/h	0.00
1129	Björn	Nel	Male	A	01:40:15.8	5	5	Youth	1	20.95km/h	0.00
1022	Jacques	Robbertze	Male	A	01:40:59.3	6	6	Youth	2	20.80km/h	0.00
1109	Dinho	Mashele	Male	A	01:42:32.6	7	7	Junior	4	20.48km/h	0.00
1010	Janco	von Ronge	Male	A	01:42:40.0	8	8	Youth	3	20.45km/h	0.00
1139	Dewald	Kampman	Male	A	01:45:08.3	9	9	Youth	4	19.97km/h	0.00
1057	Christelle	Coertze	Female	A	01:47:54.2	10	1	Junior	1	19.46km/h	0.00
1087	Andani	Raphalani	Male	A	01:47:54.3	11	10	Sub Junior	1	19.46km/h	0.00

Race No	Name	Surname	Gender	Batch	Time	Overall	Gender	Age Cat	Age Pos	Pace	NTS Index
1116	Ben	Olivier	Male	A	01:48:31.3	12	11	Sub Veteran	1	19.35km/h	0.00
1084	Alexander	Winston	Male	A	01:48:35.5	13	12	Junior	5	19.34km/h	0.00
1124	Tyrone	Anders	Male	A	01:50:51.0	14	13	Youth	5	18.94km/h	0.00
1183	Nari	Makgkga	Male	A	01:51:23.8	15	14	Sub Veteran	2	18.85km/h	0.00
1088	Charlden	Nel	Male	A	01:52:20.7	16	15	Youth	6	18.69km/h	0.00
1186	Charl	Nel	Male	A	01:52:51.0	17	16	Veteran	1	18.61km/h	0.00
1038	Ruben	Van Tonder	Male	A	01:54:11.3	18	17	Sub Junior	2	18.39km/h	0.00
1049	Neil	Trueman	Male	A	01:54:31.0	19	18	Veteran	2	18.34km/h	0.00
1141	shaun	de beer	Male	A	01:55:24.8	20	19	Youth	7	18.20km/h	0.00
1070	Elmo	Barnardt	Male	A	01:56:02.0	21	20	Grand Masters	1	18.10km/h	0.00
1137	Estohan	Swanepoel	Male	A	01:56:13.3	22	21	Youth	8	18.07km/h	0.00

Race No	Name	Surname	Gender	Batch	Time	Overall	Gender	Age Cat	Age Pos	Pace	NTS Index
1127	Kobie	Van Deventer	Male	A	01:56:58.6	23	22	Sub Veteran	3	17.95km/h	0.00
1135	Martin	Maartens	Male	A	01:57:51.5	24	23	Veteran	3	17.82km/h	0.00
1008	Michael	Dreyer	Male	A	01:59:34.4	25	24	Elite	1	17.56km/h	0.00
1062	Lara	Dando	Female	A	01:59:40.4	26	2	Junior	2	17.55km/h	0.00
1133	Trevor	de Beer	Male	A	01:59:57.1	27	25	Youth	9	17.51km/h	0.00
1029	Tarik	Mengouchi	Male	A	02:00:11.6	28	26	Veteran	4	17.47km/h	0.00
1142	Zineddine	Mengouchi	Male	A	02:00:44.2	29	27	Sub Junior	3	17.39km/h	0.00
1073	Eliz-mari	Pretorius	Female	A	02:01:14.3	30	3	Youth	1	17.32km/h	0.00
1083	Herbie	Fox	Male	A	02:02:36.5	31	28	Sub Veteran	4	17.13km/h	0.00
1123	Stephen	Jansen Van Rensburg	Male	A	02:03:38.2	32	29	Youth	10	16.99km/h	0.00
1024	Marco	Lottering	Male	A	02:04:29.2	33	30	Veteran	5	16.87km/h	0.00

Race No	Name	Surname	Gender	Batch	Time	Overall	Gender	Age Cat	Age Pos	Pace	NTS Index
1101	Carmen	Schoeman	Female	A	02:05:08.6	34	4	Masters	1	16.78km/h	0.00
1098	Willie(JNR)	Willwmse	Male	A	02:05:49.9	35	31	Sub Junior	4	16.69km/h	0.00
1037	Ricardo	Gutierrez	Male	A	02:06:25.4	36	32	Masters	1	16.61km/h	0.00
1026	Pierre	Cronje	Male	A	02:07:11.3	37	33	Veteran	6	16.51km/h	0.00
1012	Jana	De La Port	Female	A	02:09:10.0	38	5	Sub Veteran	1	16.26km/h	0.00
1044	Kuno	Venter	Male	A	02:09:17.0	39	34	Sub Veteran	5	16.24km/h	0.00
1118	Darryl	Devenish	Male	A	02:09:21.2	40	35	Masters	2	16.24km/h	0.00
1052	Carleen	Allan	Female	A	02:09:25.2	41	6	Veteran	1	16.23km/h	0.00
1111	Marc	Nonè	Male	A	02:09:29.6	42	36	Veteran	7	16.22km/h	0.00
1019	Retha	Beukes	Female	A	02:09:51.7	43	7	Veteran	2	16.17km/h	0.00
1184	Eshard	Mothapo	Male	A	02:11:28.4	44	37	U23 Elite	2	15.97km/h	0.00

Race No	Name	Surname	Gender	Batch	Time	Overall	Gender	Age Cat	Age Pos	Pace	NTS Index
1046	Johan	Van Den Heever	Male	A	02:11:41.7	45	38	Youth	11	15.95km/h	0.00
1051	Nato	Loock	Male	A	02:11:57.2	46	39	Elite	2	15.92km/h	0.00
1095	Dirk	Fouche	Male	A	02:12:13.5	47	40	Veteran	8	15.88km/h	0.00
1076	Mike	Henning	Male	A	02:12:16.1	48	41	Masters	3	15.88km/h	0.00
1058	Neil	Haarhoff	Male	A	02:12:16.4	49	42	Veteran	9	15.88km/h	0.00
1016	John Peter	van Niekerk	Male	A	02:12:56.7	50	43	Elite	3	15.80km/h	0.00
1066	André	Van Deventer	Male	A	02:13:00.6	51	44	Sub Junior	5	15.79km/h	0.00
1105	Shaun	Thompson	Male	A	02:13:12.9	52	45	Veteran	10	15.77km/h	0.00
1107	Rachel	Thompson	Female	A	02:13:25.1	53	8	Youth	2	15.74km/h	0.00
1034	Andre	Rossouw	Male	A	02:13:58.8	54	46	Elite	4	15.68km/h	0.00
1125	Lorinda	Kruger	Female	A	02:13:59.2	55	9	Sub Veteran	2	15.67km/h	0.00

Race No	Name	Surname	Gender	Batch	Time	Overall	Gender	Age Cat	Age Pos	Pace	NTS Index
1179	Rynard	Els	Male	A	02:15:10.2	56	47	Junior	6	15.54km/h	0.00
1108	KARLA	DURANT	Female	A	02:15:17.0	57	10	Sub Junior	1	15.52km/h	0.00
1930	Athol	Fernandez	Male		02:16:34.0	58	48	Grand Masters	2	15.38km/h	0.00
1045	HARDUS	LOUW	Male	A	02:17:06.0	59	49	Sub Junior	6	15.32km/h	0.00
1094	Shane	Friedrichs	Male	A	02:17:46.0	60	50	Sub Veteran	6	15.24km/h	0.00
1028	Andre	Prinsloo	Male	A	02:18:26.5	61	51	Masters	4	15.17km/h	0.00
1004	Llewellyn	Carstens	Male	A	02:18:30.5	62	52	Veteran	11	15.16km/h	0.00
1154	Gavin	Waites	Male	A	02:18:53.9	63	53	Sub Veteran	7	15.12km/h	0.00
1091	Nicole	Prins	Female	A	02:19:01.0	64	11	Junior	3	15.11km/h	0.00
1040	RUI	FREITAS	Male	A	02:19:10.6	65	54	Masters	5	15.09km/h	0.00
712	Amilia	Goosen	Female	A	02:19:17.1	66	12	Youth	3	15.08km/h	0.00

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1104	BARney	Van der Merwe	Male	A	02:19:17.8	67	55	Masters	6	15.08km/h	0.00
1187	Tashane	Ehlers	Female	A	02:19:22.5	68	13	Sub Junior	2	15.07km/h	0.00
1096	Andre	Ehlers	Male	A	02:19:22.6	69	56	Veteran	12	15.07km/h	0.00
1075	Wimpie	van der Linde	Male	A	02:19:24.6	70	57	Masters	7	15.06km/h	0.00
1048	Louise	Pretorius	Female	A	02:19:28.3	71	14	Sub Veteran	3	15.06km/h	0.00
1153	Chris	Anders	Male	A	02:19:37.7	72	58	Veteran	13	15.04km/h	0.00
1138	Therésa	DE BRUIN	Female	A	02:19:40.3	73	15	Sub Veteran	4	15.04km/h	0.00
1150	Ruben	Van Ree	Male	A	02:20:30.5	74	59	Sub Junior	7	14.95km/h	0.00
1003	Wian	Marx	Male	A	02:20:36.9	75	60	Sub Veteran	8	14.94km/h	0.00
1112	Chris	Gray	Male	A	02:20:47.8	76	61	Masters	8	14.92km/h	0.00
1185	John Hendrik Gerrit	Muller	Male	A	02:20:52.7	77	62	U23 Elite	3	14.91km/h	0.00

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1085	Manus	Mouton	Male	A	02:21:34.0	78	63	Masters	9	14.83km/h	0.00
1503	Timmy	Baker	Male	A	02:21:51.8	79	64	Sub Junior	8	14.80km/h	0.00
1140	JOHANNES JACOBUS	DURANT	Male	A	02:22:13.0	80	65	U23 Elite	4	14.77km/h	0.00
1060	Gerrit	Kleynhans	Male	A	02:22:27.9	81	66	Sub Veteran	9	14.74km/h	0.00
1178	Deon	Pohl	Male	A	02:22:29.5	82	67	Masters	10	14.74km/h	0.00
1082	Michiel	de Kock	Male	A	02:22:31.6	83	68	Sub Veteran	10	14.74km/h	0.00
1128	Ashley	Hudson	Male	A	02:22:39.2	84	69	Veteran	14	14.72km/h	0.00
1079	Anton	Haynes	Male	A	02:23:31.4	85	70	Sub Veteran	11	14.63km/h	0.00
1021	Julia	Prins	Female	A	02:23:43.6	86	16	Youth	4	14.61km/h	0.00
1006	Ockert Cornelius	Vermeulen	Male	A	02:23:43.7	87	71	Masters	11	14.61km/h	0.00
1054	Kyle	Jansen Van Rensburg	Male	A	02:24:33.3	88	72	U23 Elite	5	14.53km/h	0.00

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1055	Gerhard	van Aswegen	Male	A	02:24:40.1	89	73	Veteran	15	14.52km/h	0.00
1158	Bennie	Bezuidenhout	Male	A	02:24:52.9	90	74	Masters	12	14.50km/h	0.00
1119	Emile	Badenhorst	Male	A	02:25:24.1	91	75	Veteran	16	14.44km/h	0.00
1077	Phillip	Donovan	Male	A	02:25:24.2	92	76	Veteran	17	14.44km/h	0.00
1069	Joseph Johannes	Fourie	Male	A	02:25:54.8	93	77	Sub Veteran	12	14.39km/h	0.00
1164	Neil	Hatton	Male	A	02:26:09.5	94	78	Masters	13	14.37km/h	0.00
1152	Botha	Roets	Male	A	02:26:18.6	95	79	Veteran	18	14.35km/h	0.00
1097	Janke	Joubert	Female	A	02:26:41.0	96	17	Youth	5	14.32km/h	0.00
1100	David	Coetzee	Male	A	02:29:01.7	97	80	Junior	7	14.09km/h	0.00
1126	Karin	Taljaard	Female	A	02:30:31.5	98	18	Masters	2	13.95km/h	0.00
1131	Johan	Taljaard	Male	A	02:30:35.8	99	81	Masters	14	13.95km/h	0.00

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1155	Danja	Pretorius	Female	A	02:31:52.9	100	19	Youth	6	13.83km/h	0.00
1041	Jodi	marie	Female	A	02:32:58.4	101	20	Junior	4	13.73km/h	0.00
1117	Leon	Nieuwoudt	Male	A	02:33:01.9	102	82	Veteran	19	13.72km/h	0.00
1043	ERIC	VERMEULEN	Male	A	02:33:26.6	103	83	Masters	15	13.69km/h	0.00
1099	Pascal	Poupon	Male	A	02:33:27.3	104	84	Masters	16	13.69km/h	0.00
1157	Nico	van Onselen	Male	A	02:33:28.0	105	85	Veteran	20	13.68km/h	0.00
1020	Denzel	Haynes	Male	A	02:33:43.8	106	86	Veteran	21	13.66km/h	0.00
1001	Natasja	Ehlers	Female	A	02:34:12.0	107	21	Sub Veteran	5	13.62km/h	0.00
1015	Jane	Allison	Female	A	02:34:23.1	108	22	Veteran	3	13.60km/h	0.00
1036	John	Allison	Male	A	02:34:42.0	109	87	Veteran	22	13.57km/h	0.00
1156	Wilma	Willemse	Female	A	02:34:50.7	110	23	Sub Veteran	6	13.56km/h	0.00

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1110	Martin	van Niekerk	Male	A	02:34:59.5	111	88	Veteran	23	13.55km/h	0.00
1148	Karisma	Landman	Female	A	02:35:07.1	112	24	Junior	5	13.54km/h	0.00
1042	Anna	van Schalkwyk	Female	A	02:36:18.4	113	25	Veteran	4	13.44km/h	0.00
1102	Louis	Basson	Male	A	02:36:30.4	114	89	Masters	17	13.42km/h	0.00
1065	Lizelle	Cronje	Female	A	02:37:36.6	115	26	Veteran	5	13.32km/h	0.00
1090	Brendon	Stoltz	Male	A	02:39:08.1	116	90	Veteran	24	13.20km/h	0.00
1132	Tertius	van Wyngaardt	Male	A	02:41:57.3	117	91	Veteran	25	12.97km/h	0.00
710	Kgabo	ngoepe	Male	A	02:52:51.3	118	92	Elite	5	12.15km/h	0.00
1068	Marietjie	Smit	Female	A	02:54:09.4	119	27	Sub Veteran	7	12.06km/h	0.00
1047	Lina	Noel	Female	A	02:57:33.5	120	28	Veteran	6	11.83km/h	0.00
1086	Dermot Michael	Tyler	Male	A	02:57:46.9	121	93	Masters	18	11.81km/h	0.00

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1063	Stephanie	Baker	Female	A	02:58:17.3	122	29	Veteran	7	11.78km/h	0.00
1103	Suanne	Malan	Female	A	03:00:51.9	123	30	Elite	1	11.61km/h	0.00
1013	Hannes	Grobbelaar	Male	A	03:00:53.1	124	94	Sub Veteran	13	11.61km/h	0.00
4002	Jaques	van Niekerk	Male		03:01:09.0	125	95	Masters	19	11.59km/h	0.00
1114	Taylor	Stanely	Female	A	03:01:33.5	126	31	Sub Junior	3	11.57km/h	0.00
1134	Rosa	Viljoen	Female	A	03:04:11.5	127	32	Masters	3	11.40km/h	0.00
1031	Menno	Glas	Male	A	03:04:26.1	128	96	Masters	20	11.39km/h	0.00
1005	Wimpie	Knoetze	Male	A	03:04:54.0	129	97	Sub Veteran	14	11.36km/h	0.00
1033	Shane	Newton	Male	A	03:06:18.5	130	98	Veteran	26	11.27km/h	0.00
1145	Mogadi	Mamaregane	Female	A	03:07:01.9	131	33	Sub Veteran	8	11.23km/h	0.00
1018	Denise	Van Niekerk	Female	A	03:07:05.6	132	34	Veteran	8	11.22km/h	0.00

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1113	Roelof	Kruger	Male	A	03:09:07.7	133	99	Veteran	27	11.10km/h	0.00
1027	Helena	Naude	Female	A	03:09:17.5	134	35	Veteran	9	11.09km/h	0.00
1115	Awie	De Klerk	Male	A	03:13:17.9	135	100	Veteran	28	10.86km/h	0.00
1014	Annelizè	Nel	Female	A	03:14:24.0	136	36	Veteran	10	10.80km/h	0.00
1181	Ion	van der Westhuizen	Male	A	03:14:44.0	138	102	Veteran	29	10.78km/h	0.00
1009	Jacobus	Auret	Male	A	03:14:44.0	137	101	Masters	21	10.78km/h	0.00
1180	Michelle	De Klerk	Female	A	03:15:10.9	139	37	Sub Veteran	9	10.76km/h	0.00
1039	Schalk	Meintjes	Male	A	03:16:16.7	140	103	U23 Elite	6	10.70km/h	0.00
1151	Chantal	Weiers	Female	A	03:16:40.4	141	38	Sub Veteran	10	10.68km/h	0.00
1072	Gerrie	Du Preez	Male	A	03:28:30.6	142	104	Masters	22	10.07km/h	0.00
1007	Engela	Grobler	Female	A	03:28:34.7	143	39	Veteran	11	10.07km/h	0.00

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1106	Douglas	Lee	Male	A	03:28:39.1	144	105	Veteran	30	10.06km/h	0.00
1121	Aren	Pool	Female	A	03:28:44.3	145	40	Masters	4	10.06km/h	0.00
1143	Shaun	Tope	Male	A	03:28:46.8	146	106	Sub Veteran	15	10.06km/h	0.00
1059	Emmarentia	Stoltz	Female	A	03:46:23.2	147	41	Veteran	12	9.28km/h	0.00
1130	Anita	Stoltz	Female	A	03:47:27.7	148	42	Sub Junior	4	9.23km/h	0.00
271	Thabang	Kgopotso	Male	A	03:47:51.9	149	107	Elite	6	9.22km/h	0.00
1067	Debra-Ann	Tyler	Female	A	03:48:50.9	150	43	Veteran	13	9.18km/h	0.00
1050	Christelle	Roets	Female	A	04:01:19.1	151	44	Veteran	14	8.70km/h	0.00
1030	Rikus	Roets	Male	A	04:01:24.1	152	108	Veteran	31	8.70km/h	0.00
1032	Mike	Liebenberg	Male	A	04:14:36.0	154	110	Veteran	32	8.25km/h	0.00
1144	Kobus	Venter	Male	A	04:14:36.0	153	109	Sub Veteran	16	8.25km/h	0.00

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857	Musa	Chaza	Male	A	04:29:54.4	155	111	Sub Veteran	17	7.78km/h	0.00