

<b>Elite Men - ELITE Men</b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	150	Komborero Bere	Komborero	Bere	Elite Men	ELITE Men	25	1997	Male	1:22:44	0:15:23	0:16:17	0:16:46	0:17:17	0:17:02
2	152	Respect Ramashia	Respect	Ramashia	Elite Men	ELITE Men	27	1995	Male	1:51:20	0:20:11	0:20:01	0:19:34	0:22:19	0:29:15
3	153	Daan Terblanche	Daan	Terblanche	Elite Men	ELITE Men	22	2000	Male	-1 lap	0:19:58	0:20:12	0:22:20	0:25:01	-
<b>Junior Boys - JNR Boys</b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	107	Robert O'Reilly	Robert	O'Reilly	Junior Boys	JNR Boys	18	2004	Male	1:24:38	0:16:00	0:17:01	0:16:53	0:17:34	0:17:10
2	113	Willie Willemse	Willie	Willemse	Junior Boys	JNR Boys	17	2005	Male	1:31:26	0:16:11	0:17:08	0:20:58	0:18:23	0:18:46
3	110	Andre Van Deventer	Andre	Van Deventer	Junior Boys	JNR Boys	17	2005	Male	1:36:09	0:16:44	0:18:07	0:19:17	0:20:17	0:21:43
4	101	Ruben Van Tonder	Ruben	Van Tonder	Junior Boys	JNR Boys	17	2005	Male	1:38:46	0:17:43	0:19:34	0:19:55	0:20:53	0:20:41
5	104	Christoff Erasmus	Christoff	Erasmus	Junior Boys	JNR Boys	17	2005	Male	1:42:53	0:17:43	0:19:34	0:22:12	0:20:57	0:22:28
6	112	Paul-Johannes Venter	Paul-Johan	Venter	Junior Boys	JNR Boys	18	2004	Male	-1 lap	0:20:10	0:21:46	0:22:47	0:23:01	-
7	109	Lungile Sithole-Wiltshire	Lungile	Sithole-Wiltshire	Junior Boys	JNR Boys	17	2005	Male	-2 laps	0:26:15	0:28:25	0:31:42	-	-
-	106	Ruan Jansen Van Vuuren	Ruan	Jansen Van Vuuren	Junior Boys	JNR Boys	18	2004	Male	DNF	-	-	-	-	-
-	100	Jaco-Hein Botes	Jaco-Hein	Botes	Junior Boys	JNR Boys	18	2004	Male	DNS					
-	102	Barend Du Plessis	Barend	Du Plessis	Junior Boys	JNR Boys	17	2005	Male	DNS					
-	105	Ruben Gouws	Ruben	Gouws	Junior Boys	JNR Boys	17	2005	Male	DNS					
-	108	Jeffrey Rabe	Jeffrey	Rabe	Junior Boys	JNR Boys	17	2005	Male	DNS					
-	111	Ruben Van Ree	Ruben	Van Ree	Junior Boys	JNR Boys	17	2005	Male	DNS					
<b>Junior Girls - JNR Girls</b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3		
1	114	Lianke Fourie	Lianke	Fourie	Junior Girls	JNR Girls	17	2005	Female	1:13:04	0:22:24	0:24:45	0:25:55		
<b>Master Men - MASTER Men</b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3		
1	252	Dick Rood	Dick	Rood	Master Men	MASTER Men	50	1972	Male	1:02:14	0:20:07	0:21:12	0:20:54		
-	251	Dale De Lange	Dale	De Lange	Master Men	MASTER Men	50	1972	Male	DNS					
<b>Master Women - MASTER Women</b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2			
1	250	Corne Van Heerden	Corne	Van Heerden	Master Women	MASTER Women	50	1972	Female	1:53:17	0:49:26	1:03:51			
<b>Nipper Boys - NIP Boys</b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3		
1	286	Aron Van Den Borre	Aron	Van Den Borre	Nipper Boys	NIP Boys	10	2012	Male	0:23:23	0:07:42	0:07:54	0:07:47		
2	295	Josua Badenhorst	Josua	Badenhorst	Nipper Boys	NIP Boys	10	2012	Male	0:26:23	0:08:21	0:08:47	0:09:15		
3	285	Lohan Van Der Walt	Lohan	Van Der Walt	Nipper Boys	NIP Boys	9	2013	Male	0:27:39	0:08:56	0:09:03	0:09:40		
4	289	Ryan O'Reilly	Ryan	O'Reilly	Nipper Boys	NIP Boys	10	2012	Male	0:28:29	0:08:48	0:09:12	0:10:29		
5	284	Duardt Van Wyk	Duardt	Van Wyk	Nipper Boys	NIP Boys	10	2012	Male	0:29:20	0:09:13	0:10:12	0:09:55		
6	291	Luan Lubbe	Luan	Lubbe	Nipper Boys	NIP Boys	10	2012	Male	0:29:52	0:09:26	0:10:21	0:10:05		
7	287	Timothy Thompson	Timothy	Thompson	Nipper Boys	NIP Boys	10	2012	Male	0:29:58	0:09:51	0:09:57	0:10:11		
8	294	Andre Dorfling	Andre	Dorfling	Nipper Boys	NIP Boys	10	2012	Male	0:32:42	0:10:36	0:11:04	0:11:02		
9	290	Thato Malatji	Thato	Malatji	Nipper Boys	NIP Boys	9	2013	Male	0:33:22	0:10:42	0:11:16	0:11:25		
10	270	Kian Botes	Kian	Botes	Nipper Boys	NIP Boys	9	2013	Male	0:34:24	0:11:28	0:11:24	0:11:33		
11	288	Jan Bastiaan Rabie	Jan Bastiaan	Rabie	Nipper Boys	NIP Boys	7	2015	Male	-1 lap	0:12:26	0:13:09	-		
12	292	Wian Kemp	Wian	Kemp	Nipper Boys	NIP Boys	10	2012	Male	-1 lap	0:12:31	0:13:34	-		

13	293	Herlo Genis	Herlo	Genis	Nipper Boys	NIP Boys	7	2015	Male	-1 lap	0:15:39	0:14:07	-		
<b><u>Nipper Girls - NIP Girls</u></b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2			
1	299	Janli Bester	Janli	Bester	Nipper Girls	NIP Girls	10	2012	Female	0:20:39	0:10:03	0:10:36			
2	297	Mary-Jane Rabie	Mary-Jane	Rabie	Nipper Girls	NIP Girls	10	2012	Female	0:24:29	0:11:41	0:12:47			
3	296	Nelda Strijdom	Nelda	Strijdom	Nipper Girls	NIP Girls	10	2012	Female	0:30:22	0:14:50	0:15:33			
4	298	Elana Burger	Elana	Burger	Nipper Girls	NIP Girls	8	2014	Female	-1 lap	0:22:06	-			
<b><u>Sprog Boys - SPR Boys</u></b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	Lap 4	
1	209	Marlo Van Der Walt	Marlo	Van Der Walt	Sprog Boys	SPR Boys	12	2010	Male	0:31:45	0:07:24	0:07:54	0:08:14	0:08:14	
2	204	Michiel Genis	Michiel	Genis	Sprog Boys	SPR Boys	12	2010	Male	0:39:19	0:09:19	0:10:01	0:10:13	0:09:47	
3	203	Ken De Lange	Ken	De Lange	Sprog Boys	SPR Boys	11	2011	Male	0:39:54	0:08:01	0:13:55	0:08:49	0:09:09	
4	206	Reatlegile Mthombene	Reatlegile	Mthombene	Sprog Boys	SPR Boys	11	2011	Male	-1 lap	0:10:05	0:12:04	0:11:27	-	
-	207	Adriaan Rabe	Adriaan	Rabe	Sprog Boys	SPR Boys	12	2010	Male	DNS					
-	208	Wihann Schalekamp	Wihann	Schalekamp	Sprog Boys	SPR Boys	12	2010	Male	DNS					
<b><u>Sprog Girls - SPR Girls</u></b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3		
1	202	Kristen Thompson	Kristen	Thompson	Sprog Girls	SPR Girls	11	2011	Female	0:27:56	0:09:00	0:09:30	0:09:27		
2	200	Lohane Ehlers	Lohane	Ehlers	Sprog Girls	SPR Girls	12	2010	Female	0:31:49	0:09:45	0:11:17	0:10:47		
3	201	Ilana Lubbe	Ilana	Lubbe	Sprog Girls	SPR Girls	12	2010	Female	0:32:45	0:10:25	0:11:01	0:11:20		
<b><u>Sub Junior Boys - SJNR Boys</u></b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3		
1	80	Henro Van Der Walt	Henro	Van Der Walt	Sub Junior Boys	SJNR Boys	14	2008	Male	0:50:39	0:16:03	0:17:25	0:17:11		
2	93	Daniel Eagar	Daniel	Eagar	Sub Junior Boys	SJNR Boys	13	2009	Male	1:00:22	0:18:08	0:21:39	0:20:34		
3	84	Ethan Stewart	Ethan	Stewart	Sub Junior Boys	SJNR Boys	14	2008	Male	1:08:24	0:21:46	0:22:59	0:23:38		
4	92	Hanro Ehlers	Hanro	Ehlers	Sub Junior Boys	SJNR Boys	14	2008	Male	1:10:19	0:22:56	0:23:33	0:23:49		
5	83	Wernich Steyn	Wernich	Steyn	Sub Junior Boys	SJNR Boys	14	2008	Male	1:16:20	0:23:52	0:25:13	0:27:14		
6	89	Leander Schoerie	Leander	Schoerie	Sub Junior Boys	SJNR Boys	13	2009	Male	-1 lap	0:26:51	0:29:49	-		
7	87	Chris Shields	Chris	Shields	Sub Junior Boys	SJNR Boys	13	2009	Male	-1 lap	0:27:01	0:30:02	-		
8	90	Thuto Malatji	Thuto	Malatji	Sub Junior Boys	SJNR Boys	14	2008	Male	-1 lap	0:28:33	0:42:12	-		
-	86	Cisco Shields	Cisco	Shields	Sub Junior Boys	SJNR Boys	13	2009	Male	DNS					
-	91	Owen Knapton	Owen	Knapton	Sub Junior Boys	SJNR Boys	14	2008	Male	DNS					
<b><u>Sub Junior Girls - SJNR Girls</u></b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2			
1	98	Chantelle Gouws	Chantelle	Gouws	Sub Junior Girls	SJNR Girls	13	2009	Female	0:44:51	0:21:50	0:23:01			
2	97	Dané Strijdom	Dané	Strijdom	Sub Junior Girls	SJNR Girls	14	2008	Female	0:47:45	0:23:19	0:24:25			
3	99	Dorothy De Lange	Dorothy	De Lange	Sub Junior Girls	SJNR Girls	13	2009	Female	0:56:28	0:28:26	0:28:02			
4	96	Lianell Thompson	Lianell	Thompson	Sub Junior Girls	SJNR Girls	14	2008	Female	1:04:09	0:29:19	0:34:50			
5	95	Karli Van Wyk	Karli	Van Wyk	Sub Junior Girls	SJNR Girls	13	2009	Female	1:10:00	0:33:29	0:36:30			
<b><u>Sub Vet Men - SVET Men</u></b>															
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	Lap 4	
1	231	Jan Bastiaan Snr Rabie	Jan Bastiaan	Rabie	Sub Vet Men	SVET Men	35	1987	Male	1:23:52	0:17:57	0:20:15	0:22:13	0:23:28	

<b><u>Sub Vet Women - SVET Women</u></b>														
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2		
1	230	Clarinda Thompson	Clarinda	Thompson	Sub Vet Women	SVET Women	38	1984	Female	1:07:25	0:33:12	0:34:14		
<b><u>Veteran Men - VET Men</u></b>														
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	
1	241	Andrew Eagar	Andrew	Eagar	Veteran Men	VET Men	48	1974	Male	1:09:58	0:21:35	0:23:47	0:24:36	
<b><u>Veteran Women - VET Women</u></b>														
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	
1	240	Dorothy Rood	Dorothy	Rood	Veteran Women	VET Women	45	1977	Female	1:24:23	0:27:20	0:28:08	0:28:55	
<b><u>Youth Boys - YTH Boys</u></b>														
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	Lap 4
1	4	Gordon Noel	Gordon	Noel	Youth Boys	YTH Boys	15	2007	Male	1:10:17	0:16:40	0:17:34	0:17:41	0:18:22
2	9	Waldo Strijdom	Waldo	Strijdom	Youth Boys	YTH Boys	16	2006	Male	1:16:30	0:18:03	0:19:19	0:19:30	0:19:38
3	13	Hanre Van Den Berg	Hanre	Van Den Berg	Youth Boys	YTH Boys	16	2006	Male	1:21:46	0:18:30	0:20:38	0:21:24	0:21:14
4	7	Xandrich Schoerie	Xandrich	Schoerie	Youth Boys	YTH Boys	15	2007	Male	1:26:36	0:19:14	0:21:33	0:22:25	0:23:23
5	16	Arno Vosloo	Arno	Vosloo	Youth Boys	YTH Boys	15	2007	Male	-1 lap	0:21:54	0:23:32	0:27:03	-
6	22	Ldean Kruger	Ldean	Kruger	Youth Boys	YTH Boys	16	2006	Male	-1 lap	0:18:04	0:33:53	0:20:38	-
7	12	Bismarck Van Blerk	Bismarck	Van Blerk	Youth Boys	YTH Boys	15	2007	Male	-1 lap	0:22:13	0:26:49	0:27:17	-
8	8	CW Sparks	CW	Sparks	Youth Boys	YTH Boys	15	2007	Male	-1 lap	0:24:33	0:27:03	0:27:30	-
9	5	Marco Nortje	Marco	Nortje	Youth Boys	YTH Boys	16	2006	Male	-1 lap	0:25:40	0:29:54	0:32:34	-
-	6	Wynand Schalekamp	Wynand	Schalekamp	Youth Boys	YTH Boys	15	2007	Male	DNF	-	-	-	-
-	3	Nduvho Mudugwe	Nduvho	Mudugwe	Youth Boys	YTH Boys	16	2006	Male	DNS				
-	11	Thikho Unarine	Thikho	Unarine	Youth Boys	YTH Boys	15	2007	Male	DNS				
-	15	Lukas Van Ree	Lukas	Van Ree	Youth Boys	YTH Boys	16	2006	Male	DNS				
<b><u>Youth Girls - YTH Girls</u></b>														
Place	Bib	Name	First name	Last name	Distance	Category	Age	Year of birth	Gender	Time	Lap 1	Lap 2	Lap 3	
1	19	Carla Jansen Van Vuuren	Carla	Jansen Van Vuuren	Youth Girls	YTH Girls	16	2006	Female	0:59:10	0:19:13	0:19:48	0:20:10	
2	20	Anke Rood	Anke	Rood	Youth Girls	YTH Girls	16	2006	Female	1:03:43	0:20:13	0:21:34	0:21:56	
3	18	Tashane Ehlers	Tashane	Ehlers	Youth Girls	YTH Girls	16	2006	Female	1:05:45	0:20:45	0:22:18	0:22:42	
4	21	Sophia Van Wyk	Sophia	Van Wyk	Youth Girls	YTH Girls	15	2007	Female	1:16:17	0:22:12	0:29:30	0:24:34	
5	17	Jenna Adlam	Jenna	Adlam	Youth Girls	YTH Girls	15	2007	Female	1:20:11	0:23:23	0:27:08	0:29:40	