

| Place | Bib | First name | Last name | Category | Age | Gender | Time | Points |
|-------|-----|------------|---------------|--------------|-----|--------|---------|--------|
| 1 | 54 | Lohane | Ehlers | NIPPER GIRLS | 9 | Female | 13:48.8 | 200 |
| 2 | 51 | Anin | Katzke | NIPPER GIRLS | 9 | Female | 18:27.9 | 170 |
| 3 | 50 | Amelie | Pretorius | NIPPER GIRLS | 9 | Female | 19:41.8 | 150 |
| 4 | 52 | Annebelle | Jansen | NIPPER GIRLS | 8 | Female | 21:14.2 | 135 |
| 5 | 53 | Elrene | Knoetze | NIPPER GIRLS | 9 | Female | 21:46.0 | 125 |
| 6 | 55 | Nienke | Pretorius | NIPPER GIRLS | 10 | Female | 22:28.7 | 120 |
| - | 56 | Zane | Adlam | NIPPER GIRLS | 8 | Female | DNS | 0 |
| | | | | | | | | |
| 1 | 20 | Zandru | De Bruin | NIPPER BOYS | 10 | Male | 16:26.0 | 200 |
| 2 | 17 | Rijandre | De Bruin | NIPPER BOYS | 9 | Male | 16:31.2 | 170 |
| 3 | 5 | Daniel | De Klerk | NIPPER BOYS | 9 | Male | 16:32.4 | 150 |
| 4 | 4 | Daniel | Eagar | NIPPER BOYS | 10 | Male | 16:32.7 | 135 |
| 5 | 16 | OWEN | HUDSON | NIPPER BOYS | 10 | Male | 17:35.6 | 125 |
| 6 | 7 | Gerhard | Furstenberg | NIPPER BOYS | 10 | Male | 17:48.2 | 120 |
| 7 | 18 | Robert | Noel | NIPPER BOYS | 10 | Male | 17:53.3 | 115 |
| 8 | 2 | Armand | Theron | NIPPER BOYS | 10 | Male | 18:06.0 | 110 |
| 9 | 14 | Marlo | Van Der Walt | NIPPER BOYS | 9 | Male | 18:25.1 | 105 |
| 10 | 15 | Nick | Dando | NIPPER BOYS | 10 | Male | 19:53.7 | 100 |
| 11 | 6 | Devan | Liebenberg | NIPPER BOYS | 10 | Male | 20:53.3 | 96 |
| 12 | 23 | Melcolm | Du Toit | NIPPER BOYS | 9 | Male | 20:57.4 | 92 |
| 13 | 24 | Pelo | Makoti | NIPPER BOYS | 9 | Male | 21:16.5 | 88 |
| 14 | 11 | Kyle | Steele | NIPPER BOYS | 10 | Male | 22:26.3 | 84 |
| 15 | 12 | Liam | Wagenaar | NIPPER BOYS | 9 | Male | 22:43.4 | 80 |
| 16 | 1 | Aidan AJ | Erasmus | NIPPER BOYS | 10 | Male | -1 lap | 76 |
| 17 | 8 | Gianmarco | Gualdi | NIPPER BOYS | 8 | Male | -1 lap | 72 |
| 18 | 10 | Josua | Badenhorst | NIPPER BOYS | 7 | Male | -1 lap | 68 |
| 19 | 3 | Aron | Van Den Borre | NIPPER BOYS | 7 | Male | -1 lap | 64 |
| 20 | 19 | Thapelo | Ramohlale | NIPPER BOYS | 8 | Male | -1 lap | 60 |
| 21 | 27 | Maand | Maphiri | NIPPER BOYS | 7 | Male | -1 lap | 56 |
| 22 | 9 | JOSHUA | ESTERHUYSE | NIPPER BOYS | 8 | Male | -1 lap | 52 |
| 23 | 26 | Mogan | Lekalakala | NIPPER BOYS | 8 | Male | -1 lap | 48 |
| 24 | 21 | Louis | Van Der Gryp | NIPPER BOYS | 10 | Male | -1 lap | 44 |
| 25 | 22 | Andre | Van Der Gryp | NIPPER BOYS | 7 | Male | -1 lap | 40 |
| 26 | 25 | Sika | Ndlovu | NIPPER BOYS | 7 | Male | -2 laps | 36 |
| - | 13 | Luzuko | Mabila | NIPPER BOYS | 7 | Male | DNS | 0 |
| | | | | | | | | |
| 1 | 156 | Ninke | De Klerk | SPROG GIRLS | 11 | Female | 26:16.6 | 200 |
| 2 | 153 | Jana | Kotze | SPROG GIRLS | 11 | Female | 29:22.5 | 170 |
| 3 | 154 | Layah | Mahomed | SPROG GIRLS | 11 | Female | 33:00.7 | 150 |
| 4 | 152 | Inge | Von Ronge | SPROG GIRLS | 11 | Female | 33:29.6 | 135 |
| 5 | 150 | Chantene | Van Wyngaardt | SPROG GIRLS | 12 | Female | 34:01.7 | 125 |
| 6 | 155 | LUANDIE | MARX | SPROG GIRLS | 11 | Female | -1 lap | 120 |
| 7 | 157 | Nsovo | Mabila | SPROG GIRLS | 12 | Female | -1 lap | 115 |
| - | 151 | Diné Adele | Booyse | SPROG GIRLS | 11 | Female | DNS | 0 |
| | | | | | | | | |
| 1 | 119 | Samuel | McIntosh | SPROG BOYS | 12 | Male | 30:05.4 | 200 |
| 2 | 109 | Hanro | Ehlers | SPROG BOYS | 11 | Male | 31:35.5 | 170 |
| 3 | 108 | Gordon | Noel | SPROG BOYS | 12 | Male | 31:48.2 | 150 |
| 4 | 113 | Nicky | Willemse | SPROG BOYS | 11 | Male | 32:27.6 | 135 |
| 5 | 110 | Henro | Van Der Walt | SPROG BOYS | 11 | Male | 34:42.6 | 125 |
| 6 | 111 | Jan | Pretorius | SPROG BOYS | 11 | Male | 34:55.7 | 120 |
| 7 | 101 | Andreas | Jansen | SPROG BOYS | 11 | Male | 35:09.9 | 115 |

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| 8 | 112 | Matthew | Scriven | SPROG BOYS | 11 | Male | 35:27.2 | 110 |
| 9 | 116 | TRISTAN | HUDSON | SPROG BOYS | 12 | Male | 36:02.2 | 105 |
| 10 | 100 | Adriaan | Janse Van Rensburg | SPROG BOYS | 12 | Male | 37:19.9 | 100 |
| 11 | 102 | Bart | Theron | SPROG BOYS | 11 | Male | 39:55.8 | 96 |
| 12 | 106 | Erick | Smit | SPROG BOYS | 11 | Male | 40:24.1 | 92 |
| 13 | 107 | Francois | Engelbrecht | SPROG BOYS | 12 | Male | -1 lap | 88 |
| 14 | 121 | Tisetso | Makgoba | SPROG BOYS | 12 | Male | -1 lap | 84 |
| 15 | 103 | Bernard | Louw | SPROG BOYS | 11 | Male | -1 lap | 80 |
| 16 | 123 | Theunis | Botha | SPROG BOYS | 11 | Male | -1 lap | 76 |
| 17 | 115 | Sias | Du Plessis | SPROG BOYS | 11 | Male | -1 lap | 72 |
| 18 | 120 | Nauta | Van Gryp | SPROG BOYS | 11 | Male | -1 lap | 68 |
| 19 | 117 | Vaughn | Scheepers | SPROG BOYS | 12 | Male | -1 lap | 64 |
| 20 | 105 | Dylan | Purdon | SPROG BOYS | 11 | Male | -2 laps | 60 |
| 21 | 118 | Zander | Knoetze | SPROG BOYS | 11 | Male | -2 laps | 56 |
| 22 | 122 | Quintin | Swanepoel | SPROG BOYS | 11 | Male | -2 laps | 52 |
| 23 | 124 | Kgaugelo | Lekalakala | SPROG BOYS | 12 | Male | -2 laps | 48 |
| - | 104 | Christopher | Oosthuysen | SPROG BOYS | 11 | Male | DNS | 0 |
| | | | | | | | | |
| 1 | 259 | Lilian | Baber | SUB-JUNIOR GIRLS | 14 | Female | 40:21.8 | 200 |
| 2 | 251 | Carla | Jansen Van Vuuren | SUB-JUNIOR GIRLS | 13 | Female | 46:15.6 | 170 |
| 3 | 254 | Elri | Jansen Van Vuuren | SUB-JUNIOR GIRLS | 13 | Female | 51:06.2 | 150 |
| 4 | 260 | Tashane | Ehlers | SUB-JUNIOR GIRLS | 13 | Female | 52:20.6 | 135 |
| 5 | 257 | Karla | Durant | SUB-JUNIOR GIRLS | 14 | Female | 52:36.0 | 125 |
| 6 | 253 | Eleen | Furstenberg | SUB-JUNIOR GIRLS | 13 | Female | 56:53.0 | 120 |
| 7 | 258 | Klara | Pretorius | SUB-JUNIOR GIRLS | 13 | Female | 57:01.2 | 115 |
| 8 | 256 | Jessica | Taylor | SUB-JUNIOR GIRLS | 14 | Female | -1 lap | 110 |
| 9 | 252 | Catelyn | De Beer | SUB-JUNIOR GIRLS | 13 | Female | -1 lap | 105 |
| - | 250 | Cailyn Ilze | Helberg | SUB-JUNIOR GIRLS | 13 | Female | DNF | 0 |
| | | | | | | | | |
| 1 | 200 | Andani | Raphalalani | SUB-JUNIOR BOYS | 14 | Male | 58:50.9 | 200 |
| 2 | 213 | Willie | Willemse | SUB-JUNIOR BOYS | 14 | Male | 1:01:43.0 | 170 |
| 3 | 211 | Ruben | Van Tonder | SUB-JUNIOR BOYS | 14 | Male | 1:09:52.4 | 150 |
| 4 | 216 | Kiaan | None | SUB-JUNIOR BOYS | 14 | Male | 1:10:38.3 | 135 |
| 5 | 203 | Bradley | Eagar | SUB-JUNIOR BOYS | 13 | Male | 1:15:08.1 | 125 |
| 6 | 202 | Benjamin | Verster | SUB-JUNIOR BOYS | 14 | Male | 1:19:32.7 | 120 |
| 7 | 205 | Ethan | Gualdi | SUB-JUNIOR BOYS | 13 | Male | 1:22:25.3 | 115 |
| 8 | 201 | Barend | Du Plessis | SUB-JUNIOR BOYS | 14 | Male | 1:29:24.0 | 110 |
| 9 | 209 | Markus | Theron | SUB-JUNIOR BOYS | 14 | Male | 1:34:07.6 | 105 |
| 11 | 215 | Jan-Hendrik | Heitbrink | SUB-JUNIOR BOYS | 13 | Male | -1 lap | 100 |
| 12 | 214 | Tharha | Matsila | SUB-JUNIOR BOYS | 13 | Male | -1 lap | 96 |
| 13 | 206 | Hardus | Louw | SUB-JUNIOR BOYS | 13 | Male | DNF | 94 |
| - | 204 | Duncan | James | SUB-JUNIOR BOYS | 14 | Male | DNF | 0 |
| - | 207 | JAYBEE | Zitha | SUB-JUNIOR BOYS | 14 | Male | DNS | 0 |
| - | 208 | Kamogelo | Monyela | SUB-JUNIOR BOYS | 13 | Male | DNS | 0 |
| - | 210 | Ruben * | Venter | SUB-JUNIOR BOYS | 13 | Male | DNS | 0 |
| - | 212 | Ruben | Marais | SUB-JUNIOR BOYS | 14 | Male | DNS | 0 |
| | | | | | | | | |
| 1 | 355 | Jani | Jordaan | YOUTH GIRLS | 15 | Female | 1:05:13.1 | 200 |
| 2 | 352 | Eliz-Mari | Pretorius | YOUTH GIRLS | 16 | Female | 1:06:18.5 | 170 |
| 3 | 350 | Amilia | Goosen | YOUTH GIRLS | 16 | Female | 1:12:06.0 | 150 |
| 4 | 351 | Danja | Pretorius | YOUTH GIRLS | 16 | Female | 1:31:31.9 | 135 |
| 5 | 353 | Julia | Prins | YOUTH GIRLS | 16 | Female | 1:36:30.1 | 125 |
| - | 354 | Marize | Smit | YOUTH GIRLS | 15 | Female | DNS | 0 |

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| | | | | | | | | |
| 1 | 316 | Ruan | Jansen Van Vuuren | YOUTH BOYS | 15 | Male | 1:03:35.7 | 200 |
| 2 | 306 | Herman | FOURIE | YOUTH BOYS | 16 | Male | 1:05:52.5 | 170 |
| 3 | 305 | Gunther | Katzke | YOUTH BOYS | 16 | Male | 1:05:54.4 | 150 |
| 4 | 324 | Jarryd | Gosling | YOUTH BOYS | 16 | Male | 1:11:55.9 | 135 |
| 5 | 307 | Janco | Von Ronge | YOUTH BOYS | 16 | Male | 1:12:06.5 | 125 |
| 6 | 328 | Tyrone | Anders | YOUTH BOYS | 15 | Male | 1:14:32.2 | 120 |
| 7 | 314 | Reinhard | Jansen Van Vuuren | YOUTH BOYS | 15 | Male | 1:16:59.6 | 115 |
| 8 | 322 | Wessel | Furstenberg | YOUTH BOYS | 15 | Male | 1:18:40.3 | 110 |
| 9 | 300 | Bjorn | Nel | YOUTH BOYS | 16 | Male | 1:19:26.1 | 105 |
| 10 | 303 | Dewald | Kampman | YOUTH BOYS | 16 | Male | 1:21:04.1 | 100 |
| 11 | 304 | Ethan | Erasmus | YOUTH BOYS | 16 | Male | 1:25:00.7 | 96 |
| 12 | 302 | Charlden | Nel | YOUTH BOYS | 15 | Male | -1 lap | 92 |
| 13 | 308 | Jarred | Watridge | YOUTH BOYS | 15 | Male | -1 lap | 88 |
| 14 | 319 | Shaun | De Beer | YOUTH BOYS | 16 | Male | -1 lap | 84 |
| 15 | 311 | Jurgens | Spaumer | YOUTH BOYS | 15 | Male | -1 lap | 80 |
| 16 | 327 | Sephan | Janse Van Rensburg | YOUTH BOYS | 15 | Male | -1 lap | 76 |
| 17 | 321 | Trevor | De Beer | YOUTH BOYS | 16 | Male | -1 lap | 72 |
| 18 | 325 | Brandon | Kruger | YOUTH BOYS | 16 | Male | -1 lap | 68 |
| 19 | 323 | Willem Stephanus | Du Toit | YOUTH BOYS | 15 | Male | -1 lap | 64 |
| 20 | 309 | Johannes Jacobus | Van Der Merwe | YOUTH BOYS | 15 | Male | -1 lap | 60 |
| 21 | 301 | Cary | Owtram | YOUTH BOYS | 15 | Male | -1 lap | 56 |
| 22 | 315 | Robbie | De Klerk | YOUTH BOYS | 15 | Male | -2 laps | 52 |
| 24 | 320 | Stephanus Johannes | Van Heerden | YOUTH BOYS | 15 | Male | -3 laps | 48 |
| - | 326 | Carlo | Droskie | YOUTH BOYS | 15 | Male | DNF | 0 |
| - | 313 | Marnus | Van Helsdingen | YOUTH BOYS | 16 | Male | DNF | 0 |
| - | 310 | John-Robert | Honiball | YOUTH BOYS | 16 | Male | DNS | 0 |
| - | 312 | Livingstone | Banda | YOUTH BOYS | 16 | Male | DNS | 0 |
| - | 317 | Rynard | Els | YOUTH BOYS | 16 | Male | DNS | 0 |
| - | 318 | Salmo Joshua | Helberg | YOUTH BOYS | 15 | Male | DNS | 0 |
| | | | | | | | | |
| 1 | 451 | Christelle | Coetzer | JUNIOR GIRLS | 18 | Female | 1:22:25.7 | 200 |
| 2 | 454 | Jennavieve | Truter | JUNIOR GIRLS | 17 | Female | 1:27:54.6 | 170 |
| 3 | 453 | Nicole | Prins | JUNIOR GIRLS | 18 | Female | -1 lap | 150 |
| 4 | 452 | Jodi | Spaumer | JUNIOR GIRLS | 17 | Female | -1 lap | 135 |
| - | 450 | Anika | De Klerk | JUNIOR GIRLS | 17 | Female | DNS | 0 |
| | | | | | | | | |
| 1 | 401 | Armand | Cronje | JUNIOR BOYS | 18 | Male | 1:27:50.2 | 200 |
| 2 | 402 | CALVIN | LEE | JUNIOR BOYS | 17 | Male | 1:30:53.4 | 170 |
| 3 | 400 | Alexander Winston | Higgo | JUNIOR BOYS | 18 | Male | 1:38:50.1 | 150 |
| 4 | 406 | Rofiwa | Kutama | JUNIOR BOYS | 17 | Male | -1 lap | 135 |
| 5 | 404 | Matthew | Taylor | JUNIOR BOYS | 17 | Male | -1 lap | 125 |
| 6 | 405 | Rainier | Van Rooyen | JUNIOR BOYS | 17 | Male | -2 laps | 120 |
| - | 403 | Franko | Marais | JUNIOR BOYS | 18 | Male | DNS | 0 |
| | | | | | | | | |
| 1 | 502 | Dawie | Grobbelaar | ELITE MEN | 19 | Male | 1:27:07.9 | 200 |
| 2 | 504 | Respect | Ramashia | ELITE MEN | 24 | Male | -1 lap | 170 |
| 3 | 505 | Daan | Terblanche | ELITE MEN | 20 | Male | -2 laps | 150 |
| 4 | 501 | Byron | Nel | ELITE MEN | 19 | Male | -2 laps | 135 |
| 5 | 507 | Jean-Pierre | Cronje | ELITE MEN | 20 | Male | -4 laps | 125 |
| - | 506 | Johnny | Durant | ELITE MEN | 21 | Male | DNF | 0 |
| - | 500 | Alexander | Strydom | ELITE MEN | 21 | Male | DNF | 0 |
| - | 503 | Michael | Dreyer | ELITE MEN | 25 | Male | DNS | 0 |

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|----|-----|--------------|------------|---------------|----|--------|-----------|-----|
| 1 | 536 | Natascha MMW | Louw | SUB-VET WOMAN | 38 | Female | 1:30:04.3 | 200 |
| - | 535 | Nadia | Erasmus | SUB-VET WOMAN | 37 | Female | DNS | 0 |
| 1 | 521 | Marinus | Pretorius | SUB-VET MEN | 37 | Male | 1:42:48.6 | 200 |
| - | 520 | Hannes Anton | Erasmus | SUB-VET MEN | 37 | Male | DNS | 0 |
| 1 | 565 | Janine | Pretorius | VET WOMAN | 40 | Female | 1:03:09.5 | 200 |
| 2 | 567 | Atta | Gosling | VET WOMAN | 47 | Male | 1:23:44.7 | 170 |
| 3 | 566 | Lizelle | Cronje | VET WOMAN | 45 | Female | 1:25:44.3 | 150 |
| 1 | 548 | Walt | Katzke | VET MEN | 42 | Male | 1:11:27.5 | 200 |
| 2 | 545 | Jan-Louis | Pretorius | VET MEN | 43 | Male | 1:18:57.6 | 170 |
| 3 | 543 | Charl | Nel | VET MEN | 42 | Male | 1:27:43.2 | 150 |
| 4 | 540 | Andre | Ehlers | VET MEN | 43 | Male | -1 lap | 135 |
| 5 | 544 | Jaco | De Bruin | VET MEN | 41 | Male | -1 lap | 125 |
| 6 | 547 | Pierre | Cronje | VET MEN | 48 | Male | -1 lap | 120 |
| 7 | 549 | Zirk | Jansen | VET MEN | 46 | Male | -1 lap | 115 |
| 8 | 552 | Christopher | Anders | VET MEN | 49 | Male | -1 lap | 110 |
| 9 | 550 | Botha | Roets | VET MEN | 46 | Male | -1 lap | 105 |
| 10 | 542 | Burger | Du Plessis | VET MEN | 42 | Male | -1 lap | 100 |
| - | 541 | Bertus* | Venter | VET MEN | 40 | Male | DNS | 0 |
| - | 546 | Martin | Maartens | VET MEN | 45 | Male | DNS | 0 |
| - | 551 | Bill | Noel | VET MEN | 44 | Male | DNS | 0 |