

MTB Age Categories and Distances

Category Codes	Age	Boys/Men Code	Girls/Women Code
Nipper Boys and Girls	8-10 yrs	NB	NG
Sprog Boys and Girls	11-12 yrs	SB	SG
Sub Junior Boys and Girls	13-14 yrs	SJB	SJG
Youth Boys and Girls	15-16 yrs	YB	YG
Junior Boys and Girls	17-18 yrs	JB	JG
Elite Men and Women	19-29 yrs	EM	EW
Sub Vet Men and Women	30-39 yrs	SVM	SVW
Veteran Men and Women	40-49 yrs	VM	VW
Master Men	50-59 yrs	MM	MW
Grand Master Men and Women	60 yrs +	GMM	GMW